

GLOBALCATS

Global Health Updates from the University of Arizona College of Medicine-
Tucson and Office of Global and Border Health



Included in this Edition:

- Fourth Year Student Rotation
Photos *page 1*
- Annual Awards *page 2-3*
- Resident Spotlight *page 3*
- Student Global Health Rotations
page 4
- GlobalCats Interest Group *page 5*
- Resident Spotlight *page 5*

This year 20 fourth year students and residents were able to travel to 9 countries through the Global Health Distinction Track. Destinations included Costa Rica, South Africa, and Zambia. The students are grateful for all the support they receive from the College of Medicine as well as from the international community they work with!

Photos from Fourth Year Medical Student Global Rotations



Lee McMahon assisting on a surgery with Dr. Rhodes in Kapsowar, Kenya.



Catie Sikora with preceptor in Riobamba, Ecuador



Peter Sherman engaging with a few children in Santiago Atitlan, Guatemala

ANNUAL AWARDS



Tracy Carroll Resident Global Health Award

Awarded annually to a resident who shows excellence in global health.

Dr. Maria Ruiz, MD

Dr. Ruiz completed her residency at the University of Arizona South Campus Family Medicine program in June 2023. She is originally from Dallas, Texas and a first-generation physician in her family. She was drawn to Tucson by the full-spectrum training program with an emphasis on rural health and its unique proximity to the U.S.-Mexico border. She plans to continue practicing full-scope family medicine in her future practice and continue to pursue interests in women's health and global health in marginalized communities. She completed a global health rotation in Tanzania (2/12/23 - 3/11/23) where she participated in the hospital with pediatric, obstetric, and adult medicine.

Ron & Karen Pust Faculty Global Health Award

Awarded annually to a faculty member who shows excellence in global health.

Dr. Francisco Mora, MD

Dr. Mora is a bilingual critical care physician trained at The Mount Sinai Hospital in Manhattan, New York with an additional three years of internal medicine training and two years of general surgery training at the University of Arizona. He has extensive expertise in the design, implementation, and evaluation of international programs and projects in trauma and emergency systems development, continuing medical education, and telemedicine. Dr. Mora has worked in health care provision and system design in Latin America, Romania, Kosovo, the Philippines, and the USA including Native American reservations. In addition, Dr. Mora has experience as an advanced trauma life support instructor and a basic trauma course instructor for the Pan-American Trauma Society. He is author and co-author of publications in peer-reviewed journals, recipient of various research awards, and presenter at national and international congresses.



Mulcahy Scholarship 2022-2023 Recipients

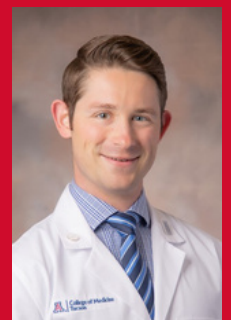
Awarded annually to 4th year students through donated funds.

Peter Sherman: Has begun residency in Internal Medicine at U Texas- Austin Dell Medical School

Zachary Elwell: Has begun residency in Otolaryngology at the University of Arizona COM-Tucson



Peter Sherman



Zachary Elwell

ANNUAL AWARDS

GME Resident Global Health Travel Scholarship 2022-2023 Recipients

Awarded annually to residents who have shown dedication to global health over the course of their education.



Maria Ruiz, MD
Family Medicine



Ricardo Reyes, MD
Family Medicine



Jack Wagoner, MD
Anesthesia



Patrick Mullett, MD
Emergency Medicine

Mulcahy Scholarship 2022-2023 MS1 Recipients

Congratulations to our MS1 recipients of the Mulcahy Scholarship for global health rotations! The following students received this award:

"I am truly grateful for this opportunity to enrich my medical training abroad. May this be the first of many to come!"
- Dorothy Tung

Dorothy Tung- Taiwan
Vivianne Benbrook- Tanzania
Troy Weinstein- Ecuador



"Despite changes in language, religion, dress, and general lifestyle, we all share feelings of love and pain, a sense of family or community, and much more."
- Vivianne Benbrook

"This immersive experience granted me a deeper appreciation for Hispanic culture and the inherent beauty of South America."
- Troy Weinstein

STUDENTROTATIONS

Global Health Rotations: Residents (2022-2023)

Cape Town, South Africa:

Surgery

Maya El Ghouayel

Kirstie Jarrett

Alex Judd

Quan Wei

Dominical, La Fortuna, Costa Rica: *Emergency Medicine*

Delaney Fisher

Sarah Ring

Lusaka, Zambia: *Anesthesia*

Jordan King

Gustave Rossi

Erika Scholtes

Jack Wagoner

Santiago, Chile: *Emergency Medicine*

Patrick Mullett

Tokyo, Japan: *Emergency Medicine*

Amir Rombod Rahimian

Santiago Atitlan, Guatemala: *Family Medicine*

Ricardo Reyes

Simiyu, Tanzania: *Family Medicine*

Maria Ruiz

Congratulations to all our MS4s and residents who completed global health rotations this past semester!

Global Health Rotations: Year 4 (2022-2023)

Kapsowar, Kenya

Zachary Elwell

Lee McMahon

Ling Xie

Santiago Atitlan, Guatemala

Peter Sherman

Riobamba, Ecuador

Catie Sikora



GLOBALCATS



GME GLOBAL HEALTH INTEREST GROUP

The GME Global Health Interest group held their second meeting in April, 2023, where they invited Dr. Patrick Connell to speak. Please keep an eye out for future events hosted by this interest group!

TOPIC: Global Health Cases in Austere Environments
SPEAKER: Patrick Connell, MD



Dr. Connell received his medical degree from the University of Arizona College of Medicine- Tucson and completed his residency in general surgery there as well. He is board certified in Emergency Medicine and is a life fellow of the American College of Emergency Physicians. He was in private practice emergency medicine from 1976-2005 and is currently with Maricopa Medical Center. He was president of the Arizona College of Emergency Physicians, 1994-1995 and on the Arizona Medical Board, 1996-2006. Dr. Connell received the W. James Bursey Award for contributions to Emergency Medicine in Arizona and was recognized by the American College of Emergency Physicians as a Hero of Emergency Medicine, 2008. Dr. Connell has worked in Sierra Leone, France, Honduras, Vietnam, Chad and Mozambique.

RESIDENT SPOTLIGHT



Dr. Maria Ruiz, MD

Dr. Ruiz participated in a three-week global health experience in Nkololo, Tanzania (2/13/23 – 3/12/23) as part of her global health rotation as a PGY-3 family medicine resident in the global health track. She was welcomed with open arms and had an amazing experience working alongside the medical team and learning at Songambele Hospital in the remote village of Nkololo. She described it as a truly a humbling experience and the highlight of her residency training. She felt it was one of those experiences one wishes every medical trainee could be part of during their training. While at Songambele, she dedicated her time to their pediatric and maternal ward helping manage complex presentations of severely malnourished children and pregnancy complications, respectively. She learned

hands-on management and presentation of tropical diseases such as malaria that as a trainee in the USA is only learned about in books. She encountered many heartbreaking clinical situations but at the same time had the opportunity to see many amazing clinical improvements among patients thanks to the dedicated and resourceful medical team at Songambele. Despite being in a remote village, Songambele hospital offered access to many medications and resources that may have not been available in other rural parts of Tanzania. Her experience in Tanzania solidified her desire to continue her interest and dedication to global health to improve maternal and pediatric outcomes throughout the world. Currently Dr. Ruiz has decided to continue her medical training to pursue an obstetric fellowship to gain more hands-on experience that will undoubtedly become important in her future global health work. She hopes to return to Tanzania soon with much improved Swahili and a new surgical obstetric skillset.